

Quality Management

MY 2023 HEDIS Medical Record Review

Aspirus Health Plan's HEDIS Medical Record Review Vendor (Datavant on behalf of Optum) will be contacting clinics in the coming weeks to coordinate medical record review for Aspirus Health Plan members seen at your clinics. As a contracted provider you are obligated to allow Aspirus Health Plan and its vendor to conduct this review. HEDIS measures are nationally used by all accredited health plans. Medical record review is an important component of the HEDIS compliance audit. It ensures that medical record reviews performed by our vendor meet audit standards for sound processes and that abstracted medical data are accurate.

Why is HEDIS important to physicians? HEDIS measures track a health plan's and physician's ability to manage health outcomes. Generally, strong HEDIS performance reflects enhanced quality of care. With proactive population management, physicians can monitor care to improve quality while reducing costs. It's not just about the scores. It's about the woman whose pap smear led to early detection and treatment of her cervical cancer. Or the toddler who didn't get whooping cough because he received the appropriate scheduled immunizations. Or the 65-year-old who kept up with screenings that revealed increased cholesterol. As a result, he received appropriate treatment and potentially avoided another heart attack.

We would appreciate your cooperation with collecting medical record review information at your clinic site(s). We appreciate your clinic's assistance in making this a smooth process.

Serving a Culturally and Linguistically Diverse Membership

Cultural and linguistic competence is the ability of health care providers and health care organizations to understand and respond effectively to the cultural and linguistic needs brought by their patients/consumers to the health care encounter. Cultural and linguistically appropriate services lead to improved outcomes, efficiency, and satisfaction.

The Wisconsin Department of Health and Human Services offers online learning and resources for the National Cultural Competency and Language Access (CLAS) Standards. For a listing of DHS Resources visit: [Cultural Competency and Language Access | Wisconsin Department of Health Services](#). The CLAS Standards are aimed at health care professionals and organizations to ensure equitable, respectful care is provided to diverse populations.

For more information regarding National CLAS Standards, click on the following link, [Culturally and Linguistically Appropriate Services - Think Cultural Health \(hhs.gov\)](#).

Culture Care Connection is an online learning and resource center, developed by Stratis Health, aimed at supporting health care providers, staff, and administrators in their ongoing efforts to provide culturally-competent care to their patients.

For more information regarding Stratis Health's resource center, click on the following link, <http://www.culturecareconnection.org/>.

Mental Health Crisis Line and Medication Resources

After-hours mental health options are available both locally and nationally for individuals with urgent mental health needs. In Wisconsin, support services for those facing a mental health crisis include the option to call, text, or message online for all types of issues that can cause emotional distress. Local County Crisis Line* and National Crisis Service** contact information is provided below.

Mental health medication accessibility is taken into account when determining our formulary. There are medications used to treat mental health conditions on our Tier 1 formulary. Medication coverage can be accessed in the electronic medical record (EMR) at point-of-prescribing by accessing the ePrescribing tool within the EMR application. Prescribers can also access Aspirus Health Plan Formularies by logging into the Prescriber Portal with their NPI and State on the Navitus website: [Prescribers \(navitus.com\)](https://www.navitus.com).

*Wisconsin County Crisis Line contact information - <https://www.preventsuicidewi.org/county-crisis-lines>

**National Crisis Service resources are also available 24/7 across the United States by calling or texting to 988 or chat online at 988lifeline.org

Reminding Patients of Yearly Preventive Screenings

As the end of 2024 rapidly approaches, we want to encourage all our practitioners to remind and encourage their patients to make an appointment for their annual preventive screenings. In the wake of the COVID-19 pandemic, annual preventive screenings, especially for older adults and those with chronic or pre-existing conditions, decreased. Now with robust vaccination programs and effective safety protocols in place patients can feel safe to visit their primary care practitioner and have their annual preventive screenings performed.

Medical Management

Affirmative Statement About Incentives

Aspirus Health Plan does not specifically reward practitioners or other individuals for issuing denials of coverage or service care. Financial incentives for utilization management decision-makers do not encourage decisions that result in under-utilization. Utilization management decision making is based only on appropriateness of care and service and existence of coverage.

Member's Rights and Responsibilities

Aspirus Health Plan presents the Member Rights & Responsibilities with the expectation that observance of these rights will contribute to high quality patient care and appropriate utilization for the patient, the providers, and Aspirus Health Plan. Aspirus Health Plan further presents these rights in the expectation that they will be supported by our providers on behalf of our members and an integral part of the health care process. It is believed that Aspirus Health Plan has a responsibility to our members. It is in recognition of these beliefs that the following rights are affirmed and presented to Aspirus Health Plan members. (See final page of this Provider Newsletter for a copy of the Statement of Member's Rights & Responsibilities.

Out of Network Forms

Please ensure you are using the most recent version of Aspirus Health Plan Out-of-Network Referral Request Form. This is found on the Provider Resources section. Incomplete/outdated forms may result in a delay in processing the out-of-network request.

Prior Authorization Forms

Please ensure you are using the most recent version of Aspirus Health Plan Prior Authorization Request form(s). These are found on the Medical Policy section of the Aspirus Health Plan website. Incomplete/outdated forms may result in a delay in processing the prior authorization request.

Adverse Determination – To Speak to a Physician Reviewer

Aspirus Health Plan attempts to process all reviews in the most efficient manner. We look to our participating practitioners to supply us with the information required to complete a review in a timely fashion. We then hold ourselves to the timeframes and processes dictated by the circumstances of the case and our regulatory bodies. Practitioners may, at any time, request to speak with a peer reviewer at Aspirus Health Plan regarding the outcome of a review by calling (866) 631-5404, option 4 and the Intake Department will facilitate this request. You or your staff may also make this request of the nurse reviewer with whom you have been communicating about the case and she/he will facilitate this call. If, at any time, we do not meet your expectations and you would like to issue a formal complaint regarding the review process, criteria or any other component of the review, you may do so by calling or writing to our Customer Service Department.

Phone number: (866) 631-5404, Option 4

Address: Aspirus Health Plan, Grievance Department

P.O. Box 1062

Minneapolis, MN 55400

MEDICAL POLICY

Medical Policy documents are available on the Aspirus Health Plan website to members and to providers without prior registration. The most current version of Medical Policy documents are accessible under the [Medical Policy section](#) on the Aspirus Health Plan website (<https://www.aspirushealthplan.com/>). (Click on Providers on the bottom of the page then choose Medical Policies).

If you wish to have paper copies of these documents, or you have questions, please contact the Medical Policy Department telephonically at (866) 631-5404

Prior Authorization List

- Laboratory Testing: added CPT codes 0419U, 0471U, and 0473U

- Bariatric Surgery: deleted CPTS 43850, 43855
- Cardiovascular
 - under Left Atrial Appendage Closure (LAAC) deleted CPT 33269
 - under Ventricular Assist Device Implantation, deleted CPTs 33990, 33991, 33995
- Cosmetic (potentially) and/or Reconstructive Procedures: under Breast reconstruction, added HCPCS S2066, S2067, S2068
- DMEPOS, Continuous glucose monitor: added CPT 0446T
- Laboratory Testing
 - added CPTs 0388U, 0391U, 0392U, 0396U, 0400U, 0409U, 0411U
 - deleted CPTS 0091U, 0337U, 0338U, 0397U
- Transplantation
 - Blood/bone marrow/ hematopoietic/stem cell deleted CPT 38243
 - Solid Organ added HCPCS S2053, S2054, S2060, S2065, S2102.

Durable Medical Equipment, Prosthetics, Orthotics, and Supplies List

- Additions
 - A4287 Disposable collection and storage bag for breast milk, any size, any type, each
 - A4561 Pessary, reusable, rubber, any type
 - A4562 Pessary, reusable, non-rubber, any type
 - E0676 Intermittent limb compression device (including all accessories), not otherwise specified
 - E1301 Whirlpool tub, walk-in, portable
 - E2001 Suction pump, home model, portable or stationary, electric, any type, for use with external urine and/or fecal management system
 - E3000 Speech volume modulation system, any type, including all components and accessories
- Deletion - K1006 Suction pump, home model, portable or stationary, electric, any type, for use with external urine management system
- Revision - A6549 Gradient compression garment, not otherwise specified

Medical Clinical Policies for Medical Necessity Determination

- New: None
- Revised (substantive clinical revisions)
 - Cryoablation/Cryosurgery for Oncology Indications (MC/I007) – NCCN no longer recommends this health care service for hepatic lesions, therefore deleted medical necessity indications
 - DMEPOS, Pneumatic Compression Devices and Heat/Cold Therapy Units – Added IV. to clarify medical necessity indications for HCPCS E0676 (intermittent limb compression device [including all accessories], not otherwise specified)
 - Genetic Testing, Hereditary Cancer Syndromes (MC/L010)
 - IV. Hereditary Cancer Panels high-level approach
 - Reliable evidence supports moving away from testing high-penetrance breast cancer susceptibility genes to targeted testing of BRCA1/BRCA2 genes or broader testing using a multi-gene hereditary cancer panel.
 - Requests that fall outside of these parameters will be assessed on a case-by-case basis.
 - IV.B.2.b. – Probability score increased from 2.5% to 5% to align with reliable evidence
 - IV.B.3.d-g – Added to align with reliable evidence
 - Definitions
 - Health care professionals trained in genetics definition revised based on updated American College of Surgeons reference
 - High-penetrance breast cancer susceptibility genes definition revised to include STK11 based on updated NCCN reference

- Genetic Testing, Preimplantation (MC/L026) – Health care professionals trained in genetics definition revised based on updated American College of Surgeons reference
- Orthognathic Surgery (MC/B002) – III. added to include medical necessity indications for orthognathic surgery due to a psychological condition
- Radiation Therapy, Intensity Modulated (IMRT) (MC/L009) – I.J. added to include medical necessity indications for IMRT of non-small cell lung cancer (NSCLC)
- Retired: Home Health Services, Private Duty/Extended Hours (MC/N008)

Medical Clinical Policies for Coverage Benefit Determination

- New: None
- Revised: None
- Retired: None

Medical/Surgical and Behavioral Health Care Services Investigative List

- Additions: Code Updates
 - 0453U Oncology (colorectal cancer), cell-free DNA (cfDNA), methylation-based quantitative PCR assay (SEPTIN9, IKZF1, BCAT1, Septin9-2, VAV3, BCAN), plasma, reported as presence or absence of circulating tumor DNA (ctDNA)
 - 0465U Oncology (urothelial carcinoma), DNA, quantitative methylation-specific PCR of 2 genes (ONECUT2, VIM), algorithmic analysis reported as positive or negative
 - C1605 Pacemaker, leadless, dual chamber (right atrial and right ventricular implantable components), rate-responsive, including all necessary components for implantation
 - Q4311-Q4333 Skin and Soft Tissue Substitutes
- Revisions
 - Radiofrequency ablation of peripheral nerves for all other pain indications not included in medical policy MC/F024 – Added cluneal and pudendal nerves as examples of peripheral nerves
 - Skin and Soft Tissue Substitutes – Added Cortiva
- Deletions: None

Please visit <https://www.aspirushealthplan.com/> for the most current version.

Pharmacy

Pharmacy Policy documents for coverage of provider-administered drugs are available on the Aspirus Health Plan website to members and to providers without prior registration. The most current version of Pharmacy Policy documents are accessible under the Pharmacy Policies area on the Aspirus Health Plan website (<https://www.aspirushealthplan.com/>). (Click on Providers on the bottom of the page then choose Pharmacy Policies).

If you wish to have paper copies of these documents, or you have questions, please contact the Pharmacy Policy Department telephonically at (763)-847-4477 or 1-800-940-5049 ext. 4477.

Pharmacy criteria documents for coverage of drug requests under the Pharmacy benefit are available at Navitus.com by clicking on Prescriber Portal, then choosing Prior Authorization.

Pre-Payment, Post Service Claim Edit Program (PSCE)

The official PSCE program was terminated effective 1/1/24. All drugs should still be dosed to follow FDA labeling. Anything outside of what is approved by the FDA should be requested through the PA process. The request will be

reviewed according to policy, Off-Label Drug Use PP/O002.

Prior Authorization List

Additions (effective 06/2024)

- Columvi (glofitamab-gxbm) J9286 (06/15/2024)
- Elevidys (delandistrogene moxeparvovec-rokl) J1413 (06/22/2024)
- Rystiggo (rozanolixizumab-noli) J9333 (06/27/2024)
- Roctavian (valoctocogene roxaparvovec-rvox) J1412 (06/29/2024)
- Vyvgart Hytrulo (efgartigimod alfa and hyaluronidase-qvfc), subcutaneous injection J9334 (06/20/2024)

Complex Case Management

Our RN Complex Care Coordinators Can Make a Difference for Your Patients

RN Complex Care Coordinators are here to help our mutual customers by:

- Coordinating health care among providers
- Providing education regarding their health care needs, concerns and adherence to treatment plans
- Supporting and advocating for improved health care experiences and outcomes
- Locating available community resources
- Assisting them to become better health care consumers

The RN Complex Care Coordination team are RN's who work one-on-one with your patients, treating each person as an individual with unique needs and challenges. The goal and efforts have been aimed at optimizing connections both within the health care system and community to support the patient, set and work on health-related goals, and make the patient more confident in their ability to achieve their optimal health status.

The RN Complex Care Coordination team is ready to help with your patients. If you have a patient, you feel might benefit from the service, please contact the RN Complex Care Coordination Team at 715-843-1061 or CDMHRT-AspirusInc-Intake@aspirus.org.

Coding

Coding Appeal Request Form

All claim appeals related to a Coding service disallow are required to have a completed Coding Appeal Request Form (cover sheet) submitted with the validating records. This form is available on the main Aspirus internet link - <https://aspirushealthplan.com/> - and located via this link – https://aspirushealthplan.com/webdocs/60043-AHP-Claims-Coding-Appeal-Request-Form_SE.pdf.

Any appeal received without this Coding Appeal Request Form will be rejected. It is important we know exactly what the appeal entails in order to appropriately address the disallowed service(s).

Examples of Coding Appeals for disallowed services (not all inclusive list);

- CPT® and HCPCS code(s)
- ICD-10-CM (diagnosis) code(s)
- ICD-10-PCS (inpatient procedure code(s))
- Place of Service (POS) code(s)
- Clinical Edits, not all inclusive list;

- Code(s) restricted to certain age limits
- Bundling per National Correct Coding Initiative (NCCI) code combinations
- Unit maximums
- Modifier(s) submitted or not submitted
- Unlisted code documentation (please see the May Provider Newsletter for this Coding article)
- Internal payer edits, eg., frequency limits, services limited by Medical Policy criterion
- 837I (UB-04 form) fields;
 - Type of Bill (TOB)
 - Revenue Code(s)
 - Diagnosis Related Groups (DRGs)

In network provider (INN) contractual fee schedule (pricing) agreements are **not** a Coding Appeal inquiry and should be addressed with your Provider Relations Representative.

Out of network (OON) pricing and reimbursement concerns are **not** a Coding Appeal inquiry and are addressed by Customer Service.

Corrected claim submissions are to be submitted electronically as they usually are not considered an appeal.

Member Rights and Responsibilities

Aspirus Health Plan is committed to maintaining a mutually respectful relationship with you that promotes high-quality, cost-effective health care. The member rights and responsibilities listed below set the framework for cooperation among you, practitioners, and us.

As our member, you have the following rights and responsibilities:

1. A right to receive information about us, our services, our participating providers and your member rights and responsibilities.
2. A right to be treated with respect and recognition of your dignity and right to privacy.
3. A right to available and accessible services, including emergency services, 24 hours a day, 7 days a week.
4. A right to be informed of your health problems and to receive information regarding treatment alternatives and risks that are sufficient to assure informed choice.
5. A right to participate with providers in making decisions about your health care.
6. A right to a candid discussion of appropriate or medically necessary treatment options for your conditions, regardless of cost or benefit coverage.
7. A right to refuse treatment.
8. A right to privacy of medical and financial records maintained by us and our participating providers in accordance with existing law.
9. A right to voice complaints and/or appeals about our policies and procedures or care provided by participating providers.
10. A right to file a complaint with us and the Wisconsin Office of the Commissioner of Insurance and to initiate a legal proceeding when experiencing a problem with us. For information, contact the Wisconsin Office of the Commissioner of Insurance at 1.800.236.8517 and request information.
11. A right to make recommendations regarding our member rights and responsibilities policies.
12. A responsibility to supply information (to the extent possible) that participating providers need in order to provide care.
13. A responsibility to supply information (to the extent possible) that we require for health plan processes such as enrollment, claims payment and benefit management, and providing access to care.
14. A responsibility to understand your health problems and participate in developing mutually agreed-upon treatment goals to the degree possible.
15. A responsibility to follow plans and instructions for care that you have agreed on with your providers.
16. A responsibility to advise us of any discounts or financial arrangements between you and a provider or manufacturer for health care services that alter the charges you pay.