



# The Right Care. The Right Place. The Right Time.

The cost of care can vary depending where you go. At Aspirus Health Plan, we want you to get the right care, at the right place, and at the right time. Below is an example of the services available to you and their associated costs, so you can compare the cost of a medical visit — if you have a cough, for example — to see how you can save money.



## Nurseline \$

Registered nurses can answer general health questions you may have. The nurseline is available 24/7/365 by calling 866.220.3138. There is no cost for using this service.



## MDLive \$

Connect with board certified doctors, therapists and dermatologists over the phone or via video consult 24/7/365 to receive care for a range of medical conditions. Contact MDLive by calling 800.657.6169, visiting the website at [MDLive.com/aspirushealthplan](https://MDLive.com/aspirushealthplan) or downloading their app on the app store.



## Primary Care Office Visit \$\$

Schedule an appointment with your first line of defense. Your primary care practitioner (PCP) is often the first to notice small changes in your health that could signal bigger issues.



## Walk-In Clinic or Urgent Care Visit \$\$

Walk-in and urgent care clinics offer options when your PCP is not available and you can't wait for an appointment to deal with conditions and ailments that are urgent but not life-threatening.



## Emergency Department Visit \$\$\$

Use for serious, acute, life-threatening problems. If you are experiencing an emergency, call 911.



## Out-of-Area

Urgent and Emergency care are covered by Aspirus Health Plan if you are out of the area and need immediate treatment.

Contact us for questions  
or to report urgent/  
emergency care received  
out of the area.

**866.631.8583**

[customerservice@aspirushealthplan.com](mailto:customerservice@aspirushealthplan.com)

